## Sailing Through Conflict in Turbulent Times A One-Day Workshop

## Saturday May 21 8:30am - 4:30pm \$250

## Presented by Robin Amadei

Does the idea of conflict at work make your palms sweat, your heart race and your knees go weak?

Learn how sail through stressful times in this one-day workshop.

Determine your preferred conflict management style and learn how it helps or hinders you in different situations. Identify sources of conflict in your life and practice the four-step CARE model for managing conflict. Come away with a better understanding of the conflicts in your life and how you can manage them for positive outcomes!

Visit du.edu/professional for more information || Register at alumni.du.edu/ConflictAmadei





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